

Dear parents,

With all the different means of accessing the internet, we know children and young people may spend more time online.

Lewisham Council has commissioned the Athena Refuge to deliver 2 x free workshops to empower parents to support their children to access technology safely and positively and what to do if you have any concerns.

We know removing technology from our children can seem like a logical solution but sometimes this can in fact increase risks of unsupervised use.

The purpose of this workshop is to increase awareness and provide some useful skills to support parents, by the end of this workshop you should be able to:

- Recognise how modern technology can be used to jeopardise young people's safety
- Distinguish between different types of technological abuse that could affect children and young people
- Assess the risk factors involved in cases where technology is being used to abuse children and young people
- List different ways in which you can empower your children to use technology safely and positively

There are 2 workshops available via Zoom in November:

Workshop 1 – Tuesday 2nd November 2021 6pm to 8pm

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZMlce-hrDMsGtAFr7pIpVuJgaO5cUaYVti8>

After registering, you will receive a confirmation email containing information about joining the meeting.

Workshop 2 – Wednesday 3rd November 2021 6pm to 8pm

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZMrc-ivrz8iH9aUfvTfX7647wtJ5tdBZrJg>

After registering, you will receive a confirmation email containing information about joining the meeting.

Please click on the link provided for the workshop you wish to attend or copy and paste into a web browser for the same result, please add the required information to register and you will be sent information and instructions on how to join the appropriate workshop.

All workshops will be delivered via Zoom, for this you will need a device that is connected to the internet such as a smartphone, tablet or computer. You can download the Zoom App from:

- For Apple devices, i.e. iPhone or iPad this is the **App Store**
- For all other devices you download apps from the **Google Play Store**
- **The Zoom App**



You do not need to download the Zoom App you can still access via the web browser.

If you do not have access to the internet, a smart phone or tablet device please speak to your child's school about alternative access arrangements.