

Dear Parents and Guardians,

We hope this email finds you and your family well.

We are writing to inform you about a significant increase in staff absences at our school due to the flu. Like many schools in our community, we are facing challenges caused by the spread of seasonal illnesses. We are working hard to maintain continuity in learning and keep our school running smoothly.

To ensure the health and well-being of our students, staff, and families, we kindly request your support in promoting healthy habits at home and in school. Here are some steps that can help reduce the spread of illness:

1. **Encourage handwashing:** Regular and thorough handwashing with soap and water is one of the most effective ways to prevent the spread of germs.
2. **Teach respiratory etiquette:** Encourage children to cover their mouth and nose with a tissue or their elbow when coughing or sneezing.
3. **Stay updated on flu vaccinations:** The flu vaccine is an effective tool in preventing severe illness and reducing the spread of the virus.

We shall ensure hand sanitiser is available on entry to school and will be encouraging all students to use this as they enter the school each day.

Please do not hesitate to contact us if you have any questions, concerns, or recommendations.

Thank you for your understanding, cooperation, and continued support as we navigate this challenging time together. Your partnership in maintaining a healthy school environment is invaluable to us.

Warm regards,  
Emma Thurston  
Headteacher, Deptford Green School