



Deptford Green

SPORTS

DAY 2024



STUDENT PACK

WED
24 JUL

8.40am - approx 2.30pm
Sutcliffe Park Athletics Track

www.tfl.gov.uk/plan-a-journey



321 bus from New Cross

ATTENDANCE = 100%

Houses @ DG

7FE	<u>7ND</u>	7HI
7WO	7LO	7ED
8BE	8HP	7EB
8DA	8IB	8MU
9FO	8DW	8GR
9GE	9ZA	9AK
10CA	9LA	9TO
10AU	10PR	9RA
10HI	10MA	10ME
		10WA

Unless you have a particular job, you will be with your form group. These are the house colours.

Sports Day will be held on the Wednesday **24th July at Sutcliffe park**. (Please see attached map).

- We are asking for your son or daughter to arrive at Sutcliffe Athletics track rather than school.
- Your son or daughter will need to be at the track for **9.00am**. This is when registration will begin. The sports activities will begin straight after this.
- In the event that Sports Day is cancelled due to weather, please check the website by **6.30am on the 24th of July**. If it is cancelled, it will be school as normal.
- **Attendance is expected as normal**, as this is a school day just at a different venue.
- Your son/daughter will be expected to bring a pack lunch with liquid refreshments. If your child receives free school meals, they will be provided with a pack lunch etc.
- Your son/daughter will be expected to wear full school PE kit (NO JEANS or JEAN SHORTS), or their **HOUSE COLOUR T-SHIRT (See Next Slide)**

You will be unable to compete for your class if you are not wearing the correct kit.

- If your son/daughter is on any medication (i.e., asthma pump), please let their form tutor know, and make sure that they bring it with them.
- We aim to be finished at 2.30pm-3.00pm Your child will be dismissed at this time.
- Due to space, we can't allow parents to watch, so apologies in advance for this.
- **DON'T FORGET** Something to SIT ON, SUNCREAM, HAT, and WATER

SPORTS DAY
RULES FOR COMPETITORS AND SPECTATORS

Students to meet at Sutcliffe Park Track for an 9.00am registration.

Staff to arrive at Sutcliffe by 8.30am for a briefing about the day

COMPETITORS

- English Schools Athletic Association rules apply for all events and inappropriate behaviour will result in disqualification.
- Must wear correct School kit and their HOUSE T-SHIRT
- Must arrive promptly for their event. (Any late arrivals will not be allowed to participate)

Track Events

- Must report to the race marshal for track events, on arrival at your race.
- If you commit two false starts in any race you will be disqualified.
- **Must report to the Placing Judges on completion of your race. Do not run off.**
- Once you have finished, and had your performance recorded, please leave the track and return to your house seating area.

Field Events

- Competitors will have three attempts of which the best will count for Long Jump and Shot Putt.
- High Jump, competitors will be out of the competition with 2 consecutive failed attempts at a height.

SPECTATORS AND COMPETITORS

- No one will cross the track during or immediately prior to a race.
- No one will cross the throwing or jumping areas apart from the officials.
- Please ensure you are quiet during the start of the race.
- Spectators to remain seated in their appointed house area for the duration of the events. You can bring a blanket if you wish.
- Bring in suncream, sunhats, also cold weather clothes – you never know the British Weather!
- Bring liquid refreshments and a pack lunch.
- No student leaves the grounds until dismissed at the end of the day.
- Bin bags will be provided – use them, don't throw litter on the ground.
- Afternoon registration will take place at the end of the day, prior to presentations.
- Teachers to ensure students stay behind the barriers and do not run onto the track.

PLEASE SUPPORT AND PARTICIPATE IN A SPORTSMANLIKE MANNER.

TRAVEL ROUTES

BUS

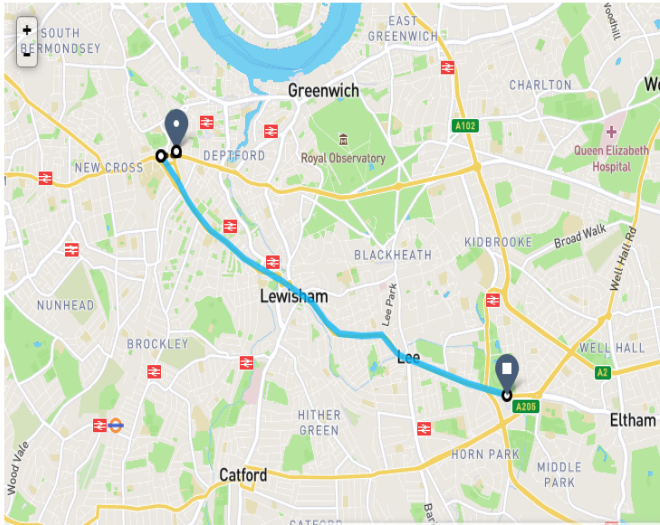
NEW CROSS TO SUTCLIFFE PARK

Walk to Marquis Of Granby (Stop T), New Cross Road, New Cross
7 minutes. Depart 07:35, Arrive 07:42

Take **321** bus to Sutcliffe Park (Stop Ed), Eltham Road, Blackheath Park
26 minutes. Depart 07:43, Arrive 08:09

[Go Ahead London](#) [@Go_Ahead_London](#)

Today's Live Departures / Service Timetable



TRAIN

NEW CROSS TO SUTCLIFFE PARK

Train to Lewisham
4 minutes. Depart 07:49, Arrive 07:53

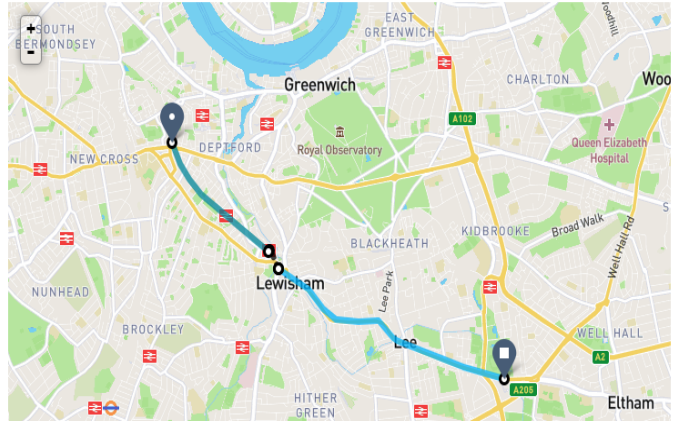
[London South Eastern Railway](#) [@Se_Railway](#)

Walk to Lewisham Station (Stop D), Loampit Vale, Lewisham
4 minutes. Depart 07:53, Arrive 07:57

Take **321** bus to Sutcliffe Park (Stop Ed), Eltham Road, Blackheath Park
16 minutes. Depart 08:03, Arrive 08:19

[Go Ahead London](#) [@Go_Ahead_London](#)

Today's Live Departures / Service Timetable



BUSES THAT GO TO SUTCLIFFE PARK

Buses that Serve Sutcliffe Park

Showing routes near Sutcliffe Park, Royal Borough of Greenwich

Eltham Road / Kidbrooke Road
 Routes: 122, 178, 321, 621, N21,
 View stop information
 Including live departures, timetables, service updates and more

- 621** FROM Lewisham Station TO Bexley Road / Crown Woods School
- 122** FROM Plumstead Road / Plumstead Station TO Crystal Palace Parade
- 321** FROM Foots Cray Tesco 24hr TO New Cross Sainsbury's
- B16** FROM Bexleyheath Bus Garage TO Kidbrooke Station
- 178** FROM Calderwood Street TO Lewisham Bus Station
- 160** FROM Thomas Lane TO Sidcup Station

Buses that Serve Sutcliffe Park

Showing routes near Sutcliffe Park, Royal Borough of Greenwich

Sutcliffe Park ED
 Routes: 122, 321, 621, B16, N21,
 View stop information
 Including live departures, timetables, maps, service updates and more

- 621** FROM Lewisham Station TO Bexley Road / Crown Woods School
- 122** FROM Plumstead Road / Plumstead Station TO Crystal Palace Parade
- 321** FROM Foots Cray Tesco 24hr TO New Cross Sainsbury's
- B16** FROM Bexleyheath Bus Garage TO Kidbrooke Station
- 178** FROM Calderwood Street TO Lewisham Bus Station
- 160** FROM Thomas Lane TO Sidcup Station
- 660** FROM Newquay Road

Programme of Events

AM	Boys Long Jump	Boys High Jump	Boys Shot Putt	Boys Javelin
PM	Girls Long Jump	Girls High Jump	Girls Shot Putt	Girls Javelin
Morning – 9.30am		Afternoon – 12.00pm		
Event	Race	Event	Race	
Tug Of War	Year 7	Walking Tube Race	7	
Tug Of War	Year 8	Walking Tube Race	8	
Tug Of War	Year 9	Walking Tube Race	9	
Tug Of War	Year 10	Walking Tube Race	10	
Sumo	Year 7	Limbo	7	
Sumo	Year 8	Limbo	8	
Sumo	Year 9	Limbo	9	
Sumo	Year 10	Limbo	10	

Potentially run the 60m's before lunch depending on time.

Morning – 9.30am		Afternoon – 12.00pm	
Event	Race	Event	Race
800m	Year 7 Girls	60m	Year 7 Girls
800m	Year 8 Girls	60m	Year 8 Girls
800m	Year 9 Girls	60m	Year 9 Girls
800m	Year 10 Girls	60m	Year 10 Girls
800m	Year 7 Boys	60m	Year 7 Boys
800m	Year 8 Boys	60m	Year 8 Boys
800m	Year 9 Boys	60m	Year 9 Boys
800m	Year 10 Boys	60m	Year 10 Boys
200m	Year 7 Girls	100m	Year 7 Girls
200m	Year 8 Girls	100m	Year 8 Girls
200m	Year 9 Girls	100m	Year 9 Girls
200m	Year 10 Girls	100m	Year 7 Boys
200m	Year 7 Boys	100m	Year 8 Boys
200m	Year 8 Boys	100m	Year 9 Boys
200m	Year 9 Boys	100m	Year 10 Boys
200m	Year 10 Boys	100m	Year 7 Boys
300m	Year 7 Girls	Girls Relay	Year 7 Girls
300m	Year 8 Girls	Girls Relay	Year 8 Girls
300m	Year 9 Girls	Girls Relay	Year 9 Girls
300m	Year 10 Girls	Girls Relay	Year 10 Girls
300m	Year 7 Boys	Boys Relay	Year 7 Boys
300m	Year 8 Boys	Boys Relay	Year 8 Boys
300m	Year 9 Boys	Boys Relay	Year 9 Boys
300m	Year 10 Boys	Boys Relay	Year 10 Boys
		Staff v Year 10	
		Trophies	

Track Layout



SCHOOL RECORDS

Event	Girls	Boys
60m	Devine Campbell 9.03s	Charlie Hanson 7.35s
100m	Melisha Aider-Ogundipe 13.43s	Isaac Oceni 11.66s
200m	Emily Wells 31.08s	Delvechio Afflick- Dyke 23.36s
300m	Goodness Odubanjo 50.27s	Isaac Oceni 39.34s
800		Charlie Hansen 2.20.39
Javelin	Veronica Gornia 14.65m	Malik Balogun Ajisafe 32.6m
Shotput	Triumph Mbambi Menga 8m	Hector Leon Valle 11.4m
Long Jump	Aaishah Asgar 3.68m	Brandon Tembong 4.75m
High Jump		