

WEEK 1 MENU

W/C: 08/01 29/01 26/02 18/03

FOOD UNION

CHOICE *One*

CHOICE *Two*


GRAB & GO OPTIONS

MON

Bangers  VE
and Mash with Gravy,
Peas and Carrots

Veggie Chow Mein  
with Peas & Carrots

TUE

Spicy Bean Burger  VE
Served with Chipotle Wedges,
Sweetcorn & Mixed Side Salad

Beef Lasagne
Served with Sweetcorn &
Mixed Side Salad



WED


Jerk Chicken
with Rice 'n' Peas, Gravy,
Broccoli & Carrots

Mac 'n' Cheese   
Served with Broccoli & Carrots

-Also available as a Hot Filled Wrap-

THUR

Plant Ball Marinara Melt
Served with Wholewheat Pasta,
Green Beans & Sweetcorn  

Veggie Burrito 
Served with Garlic Wedges,
Green Beans & Sweetcorn

FRI

**Southern Fried
Chicken Goujons**
Served with Chips, Peas and Baked Beans

Vegan Sausage Roll  VE
Served with Chips, Peas and Baked Beans

DAILY CHOICES

SALADS

SANDWICHES/BAGUETTES

WRAPS

PANINIS

PASTA & SAUCES

FRESHLY BAKED PIZZA

JACKET POTATO &

TOPPINGS 

DESSERTS

HEALTHY SNACKS

PLEASE SEE DAILY MENU

WEEK 2 MENU

W/C: 15/01 05/02 04/03 25/03

CHOICE
One

CHOICE
Two

GRAB & GO
OPTIONS

MON

Mexican Veg Tortilla Pie 🌱 🍷 🌱
Served with Wholegrain Rice
and Mixed Salad

Sweet Chilli Plant Noodles 🌱 🍷
served with Peas & Carrots

TUE

**West African Chicken
Jollof Rice** 🍷 Served with
Broccoli & Sweetcorn

**Roasted Butternut Squash,
Chickpea and Broccoli Buddha
Bowl** 🌱 VE 🌱 🍷

WED

Roast Turkey
Served with Roast Potatoes,
Gravy, Cabbage and Carrots

-Also available as a Hot Filled Roll-

Roasted Vegetable Slice
Served with Roast Potatoes,
Gravy, Cabbage and Carrots 🌱

THUR

Vegetarian Lasagne 🌱
Served with Garlic Bread,
Broccoli and Sweetcorn

Creamy Vegetable Korma 🌱 🍷 🍷
Served with Wholegrain Rice,
Broccoli and Sweetcorn

FRI

Breaded Fishwich
Served with Chips,
Peas and Baked Beans

The Veggie Dog 🌱
Served with Chips,
Peas and Baked Beans

DAILY CHOICES

SALADS

SANDWICHES/BAGUETTES

WRAPS

PANINIS

PASTA & SAUCES

FRESHLY BAKED PIZZA

JACKET POTATO &

TOPPINGS

DESSERTS

HEALTHY SNACKS

PLEASE SEE DAILY MENU

WEEK 3 MENU

W/C: 22/01 19/02 11/03

FOOD UNION

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON

**Sweet Potato and Bean
Enchillada** 🌱
Served with Chipotle Wedges,
Mixed Salad & Coleslaw

West African Veg Jollof Rice
🌱 🌱 **VE**
Served with Mixed Salad and Coleslaw

TUE

Steak Mince Pie
Served with Mashed Potato,
Broccoli, Sweetcorn and Gravy

Vegan Chilli 🌱 🌱 🌱 **VE**
Served with Wholegrain Rice,
Broccoli and Sweetcorn

WED

Lemon Roast Chicken
Served with Roast Potatoes,
Gravy, Cabbage and Carrots
-Also available as a Hot Filled Roll-

Vegetarian Cottage Pie 🌱
🌱 Served with Cabbage, Carrots
and Gravy

THUR

Mac 'n' Cheese 🌱 🌱 🌱
Served with Sweetcorn and Peas

Vegetarian Tikka Masala 🌱 🌱 🌱
Served with Wholegrain Rice,
Sweetcorn and Peas

FRI

Battered Fish Fillet
Served with Chips, Peas and Baked Beans

Mexican Loaded Wedges 🌱
Served with Peas and Baked Beans

DAILY CHOICES

SALADS
SANDWICHES/BAGUETTES
WRAPS
PANINIS
PASTA & SAUCES
FRESHLY BAKED PIZZA
JACKET POTATO &
TOPPINGS
DESSERTS
HEALTHY SNACKS

PLEASE SEE DAILY MENU